

MAMMA'S GLUTEN FREE OPTIONS

APPETIZERS

Wings Your Way 6 piece 7.99 12 Piece 11.99

Fresh cut chicken wings baked and then deep fried with your choice of sauce Buffalo, Honey Buffalo, BBQ or Plain

Papa's Mussels 10.99 Served fra diavolo or scampi style

SALADS

Tossed sm 4.99 lg 6.99

Caesar sm 5.99 lg 8.99

Antipasto 13.99

Caprese Salad 10.99

Tomato, buffalo mozzarella, chopped onion, fresh basil and balsamic glaze

Greek sm 7.99 lg 10.99

Tossed salad topped with feta cheese, olive and your choice of one of our gluten free dressing options

Chopped Salad 13.99

Salami, ham, lettuce, tomato, pepper, cucumber and black olive chopped with balsamic glaze

Pan Seared Salmon Salad 15.99

Pan seared salmon on top of fresh greens, sautéed zucchini, tomato, red onion and craisins with a lemon vinaigrette

Cheese pizza 10" 9.99

Additional toppings .75





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ENTRÉES

Pasta with Marinara Sauce 12.25

Change up your sauce! See choices below

Chicken Cacciatore with Pasta 17.25

Garnished with pepper, mushroom and our homemade chunky tomato marinara sauce Chicken served boneless or on the bone

Chicken, Broccoli and Pasta 17.25

Alfredo or garlic and oil

Pasta Bolognese 18.50

Pasta Primavera 14.25

Fresh cut vegetables sautéed in white wine and garlic served over gluten free pasta

Roasted Chicken 12.99

Served with roasted potato

Shrimp, Broccoli Pasta Alfredo 21.25

Shrimp Scampi 21.25

Shrimp sautéed with a blend of wine, butter, garlic, tomato and spices served over gluten free pasta

Seafood Fra Diavolo 21.25

Haddock, shrimp, scallop and calamari in a spicy marinara sauce served over gluten free pasta

Change your sauce on any dish

alfredo 2.00 bolognese 4.99 garlic and oil 1.50 fra diavolo 2.00 carbonara 3.25 pomodoro 1.50

Add the following to any salad or dish

Sautéed chicken 3.00 Scallop 6.00 Sautéed shrimp 4 for 5.00 Tuna 3.00 Anchovy 2.00

SIDES

Roasted potato 2.99 Sautéed spinach 3.99

Vegetable medley 3.99 Broccoli 2.99

Sweet potato fries 4.99 Cole slaw 2.99

Brussel sprouts topped with bacon 4.99

