



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Food Drive

Please join Mamma Mia's and Old Colony Y in making a difference in the lives of families in our community. Help us fight hunger by donating non-perishable items that will benefit those in need this season.

All donations will go to the Old Colony Y Food Pantry that support our friends and neighbors.

Please Drop off donated items to:

Mamma Mia's
Homemade Pizza, Pasta & more

Mamma Mia's

Plymouth Pinehills

3 Village Green North

Plymouth, MA 02360



Old Colony YMCA-Plymouth Branch
2 Greenside Way South, Plymouth MA 02360
P 508-927-3100, www.oldcolonyymca.org

Non-Food Items to Donate

Paper Products	Soap Products	Personal Care Products	Extras
toilet paper paper towels napkins tissues	hand soap laundry & dish detergent cleaning products	shampoo toothpaste toothbrushes shaving cream razors deodorant	tea coffee spices

Food Items to Donate

Protein Foods: Meat, Poultry, Fish, Beans,		Grains: Bread, Cereal, Rice, and Pasta	
canned tuna canned chicken canned beef stews canned soups bean soups canned or dried beans baked beans canned chili		rice and rice mixes canned pastas noodle mixes dry noodles and pastas macaroni and cheese mix cold cereals shredded wheat infant cereal hot cereal mixes oatmeal bread, muffin, and pancake mixes whole-grain crackers granola bars graham crackers flour bread and rolls	
Dairy	Vegetables	Fruits	Oils/Condiments
infant formula nonfat dry milk evaporated milk instant breakfast drinks shelf-stable (UHT) milk (small boxes) canned and boxed pudding	canned vegetables vegetable soup canned tomato products spaghetti sauce baby food veggies V-8 juice	canned fruit raisins applesauce dried fruits baby food fruits canned and boxed (100% juice)	Pasta Sauce peanut butter vegetable oil salad dressing syrup jelly and jam honey sugar mayonnaise